

**NEIGHBORS BUILDING COMMUNITY** 

## Retired or Rewired: Creating a Fulfilling 3rd Act

Thursday, June 1, 8:30-9:30 a.m.

Bellevue City Hall, Room E1-112 450 110th Ave. NE

At its next regular monthly meeting, the Bellevue Network on Aging (BNOA) will host a presentation by Dori Gillam, adviser to several area villages, active traveler, and a popular speaker on aging well.



Geared for current and soon-to-be retirees, Dori's talk will address how to stay meaningfully engaged during retirement. You'll meet others on the same path, and after her talk, you'll have an opportunity to hear about the work of the BNOA.

The meeting is free and open to the public. Learn More Here

## Volunteer Positions Open -Membership Development, Treasurer

The Eastside Neighbors Network is actively seeking talented, energetic, compassionate people to be part of our core leadership team. Applicants must share our *commitment to promoting independent living for older adults.* Team members should be available for regular meetings, periodic community programs, and "field work" to develop and implement strategic plans.

Interested? Visit our web site or Facebook page, then contact us at new.village.info@gmail.com, or call (650) 466-8661. And please join us on June 12th for our next Coffee and Conversation!

## Next Coffee & Conversation: Stories of Aging in Diverse Cultures



For our June social, we're experimenting with an informal, *optional* conversation starter. We're gathering stories of what it's like to be an "elder" in different cultures, and we'd like to hear from you! Do you have older relatives who live in or have lived in a country outside the US?

Join us on Monday afternoon, June 12th, to share family stories of life in the "3rd Act" or just

to socialize! We meet on the second Monday of every month between 4:00 and 6:00 p.m. at the Dilettante Mocha Cafe (Bellefield Office Park, 1450 114th Ave SE #120, 98004 - View Map). Everyone is welcome! *Coffee, wine, and refreshments are available for purchase.* 

## We never outgrow our need for friends!

Members of organizations like the Eastside Neighbors Network thrive on the social connections they create with other members, volunteers, community leaders, and businesses who support the "virtual village" concept. Two local examples are NEST and PNA Village in Seattle.

To learn more about the 200+ villages throughout the US, visit the Village to Village Network supports grassroots, non-profit local organizations such as ours. The Network is sponsoring a live-streaming event with Atul Gawande September 25th. Watch for details.

Eastside Neighbors Network - Bellevue, WA
Joanne Gainen and Lorene Sheppard, Co-Chairs
http://EastsideNeighborsNetwork.org
new.village.info@gmail.com
(650) 466-8661
Mailing List Sign-up

Follow us on Facebook



©2017 Eastside Neighbors Network | Bellevue, WA