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Eastside Neighbors Network

NEIGHBORS BUILDING COMMUNITY

- New Pres, Pat Schaechter, brings geriatric expertise, leadership experience
- "Clearing Your Clutter & Loving It," August 15th - register now!
- Who says social media is for kids?!
- August 14th Coffee & Conversation: Getting to Know You
- We want YOU! Be a part of our "start-up" adventure

New Pres, Pat Schaechter, brings geriatric expertise, leadership experience

Eastside Neighbors Network has a new leader! Pat Schaechter of Bellevue has over 40 years of experience as a Geriatric Physical Therapist. She has extensive experience with orthopedics and neurological rehabilitation. Pat has a B.S. in Kinesiology from California State University - East Bay and a Master of Physical Therapy degree from Stanford University School of Medicine. Pat was fortunate to be a member of the original faculty of the Mount St. Mary's College Physical Therapy program, teaching Kinesiology and clinical skills to both P.T. and P.T.A. candidates. Prior to retirement in 2013, she was Director of Rehabilitation at a California retirement community. [Learn more about Pat and meet our Steering Committee here.](#)



Pat Schaechter at Sound Generations' "Inspire Positive Aging" awards luncheon

"Clearing Your Clutter & Loving

It," August 15th - register now!

Tuesday, August 15th, 1:00-3:00 p.m.

Location:

Downtown Bellevue

Registration Fee:

Members: Free

Non-members: \$10



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Clutter???

You are not alone! The Clutter Club is international and members come from all cultures, professions and genders. Everyone shares clutter challenges. De-cluttering is an ongoing process but this class will help identify your "clutter style" with fun and humor so you will know which organizing tactics will best work for you.

Certified Feng Shui consultant Bobbie Izuo will lead the class. She will guide us to explore the meaning of clutter in our lives, and map a personal clutter plan to help us manage the de-cluttering process.

Barbara Robison has offered to host this event at her home in downtown Bellevue, so space is limited. Register now by replying to this email message with "Clutter" in the subject line, or call our main number, (650) 466-8661. Provide your name and telephone number please so we can send location details.

Who says social media is for kids?!

Eastside Neighbors Network has gone Social!

Find us by our name on Facebook and Twitter, and "like" us for articles, events, and updates on what's happening with our Network. Be social with us!

Need a little help with your Facebook or Twitter account? We're happy to lend a hand. Reply to this email message and receive FREE, friendly Tech Support!

Follow us on Facebook

August 14th Coffee & Conversation: Getting to Know You



Edie Heppler and Rashne Shroff share a laugh at a recent "Coffee and Conversation"

Join us on Monday afternoon, August 14th, for our next purely social gathering! (We never know what will come up. Last time, we brainstormed ways to find out what to do in Bellevue!)

We meet on the **second Monday** of every month between 4:00 and 6:00 p.m. at the [Dilettante Mocha Cafe](#) (Bellefield Office Park, 1450 114th Ave SE #120, 98004 - [View Map](#)). All ages and backgrounds are welcome! *Coffee, wine, and*

refreshments are available for purchase.

We want YOU! Be a part of our "start-up" adventure

The Eastside Neighbors Network is now actively seeking talented, energetic, compassionate people to be part of our core leadership team. Applicants must share our *commitment to promoting independent living for older adults*. We're looking for people with organizational, planning, operations, management, accounting, and grant-writing skills. Core team members should be available for regular meetings, periodic community programs, and "field work" to develop and implement strategic plans.

Interested? [Visit our web site](#) or [Facebook page](#), then contact us at new.village.info@gmail.com, or call (650) 466-8661. And please join us on August 14th for our next Coffee and Conversation!

Eastside Neighbors Network - Bellevue, WA

<http://EastsideNeighborsNetwork.org>

new.village.info@gmail.com

(650) 466-8661

[Mailing List Sign-up](#)



10/27/2017

"Clear your clutter" workshop with our own Feng Shui consultant!

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